

# Piercing Aftercare

Congratulations on your awesome new piercing!

The jewelry installed in your piercing is made from ASTM F-138 certified implant grade Surgical Stainless Steel, or ASTM F-136 certified implant grade Titanium! This means that the jewelry is completely hypoallergenic and hand polished to a mirror finish, making it the best jewelry to wear in a healing piercing.

The hard part is over, so now all you have to do is follow these simple tips for a successful piercing:

## Handling of Your Piercing:

### **\*Please, DO NOT touch your piercing!**

You do not need to rotate, twist, push forward/in/out, or wiggle your new piercing around **AT ALL!** (we promise!)

Your body does all the hard work of healing, so when the jewelry is being moved around, the tissue will have a harder time healing itself. Touching or moving your jewelry also introduces BACTERIA from your hands into the tiny hole where your piercing lives, creating a potential for INFECTION.

Movement and friction on your piercing can also cause irritation, and possible "bumps" on the piercing site from trauma.

## How to Care for Your Piercing:

### **\*Saline will be your piercing's best friend!**

-The only product that should be used on your fresh piercing is a sterile saline solution. You can purchase it here, or at a pharmacy. A spray saline will make it easy and completely hands free to clean your piercing. You can use this product up to three times a day by simply spraying the front and back of your piercing and letting it air dry. You can also cover your piercing with gauze and saturate the gauze with saline to let it soak onto your piercing for up to ten minutes.

+ Dry heat from a hairdryer can also be beneficial to your healing piercing! You can hold the hairdryer at a safe distance (at least a foot away from your piercing!) on a low/medium heat to help improve blood circulation to the area and pull out any trapped moisture.

## Saline Soaks:

If your piercing is having a rough day, a saline soak will help to flush out the piercing and cut down on redness and swelling.

+ Sterile saline is suggested but you can make your own saline by purchasing non-iodized sea salt and distilled water from a grocery store. It can be made as a single use soak by mixing 8oz of distilled H2O and dissolving 1/4 teaspoon of non-iodized sea salt. You can also make an entire gallon of saline using a gallon of distilled water, and pouring 1/4 cup of sea salt into the jug of water and keeping it fresh in the fridge (Use this within one week and keep the gallon sealed as to prevent bacteria from growing in the container).

The easiest way to submerge your piercing is by filling a shallow bowl with saline and dunking piercing directly into the sea salt and water mixture and let it do its magic for five to ten minutes.

+Using the dry heat technique is especially awesome for your piercing after a full saline soak.

## Things to Avoid:

\*Please, DO NOT for any reason use any of these products:

- Neosporin
- Peroxide
- Isopropyl (rubbing) Alcohol
- Dial Soap (or any soap, just don't do it)
- Betadine
- Hibiclens
- Colloidal Silver
- Tea Tree Oil, etc..

These products are too harsh to be using on an open wound. Try to keep hair products and cosmetics as far away from your piercing as possible. Changing bed linens frequently throughout your healing period is also recommended, especially if you have fuzzy adorable pets sharing your sheets and pillows with you.

We are here to help! If you have questions or concerns please feel free to stop in or give us a call 7 days/week 12pm-10pm.

<b>Piercing</b>	
<b>Heal Time</b>	
<b>Jewelry</b>	
<b>Earliest Downsize Date</b>	
<b>Piercer</b>	



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